





## **DIRECTIONS FOR MENTAL HEALTH TREATMENT**

This declaration permits me to state my wishes regarding mental health treatments including psychoactive medications, admission to and retention in a health care facility for mental health treatment for a period not to exceed 17 days, convulsive treatment and outpatient services.

If I become incapable of giving or withholding informed consent for mental health treatment, my wishes are:

I CONSENT TO THE FOLLOWING MENTAL HEALTH TREATMENTS: (May include types and dosage of medications, short-term inpatient treatment, a preferred provider or facility, transport to a provider or facility, convulsive treatment or alternative outpatient treatments.)

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I DO NOT CONSENT TO THE FOLLOWING MENTAL HEALTH TREATMENT:  
(Consider including your reasons, such as past adverse reaction, allergies or misdiagnosis. Be aware that a person may be treated without consent if the person is held pursuant to civil commitment law.)

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ADDITIONAL INFORMATION ABOUT MY MENTAL HEALTH TREATMENT NEEDS: (Consider including mental or physical health history, dietary requirements, religious concerns, people to notify and other matters of importance.)

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YOU MUST SIGN HERE FOR THIS DECLARATION TO BE EFFECTIVE:

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(Signature/Date)

**AFFIRMATION OF WITNESSES**

I affirm that the person signing this declaration:

- (a) Is personally known to me;
- (b) Signed or acknowledged his or her signature on this declaration in my presence;
- (c) Appears to be of sound mind and not under duress, fraud or undue influence;
- (d) Is not related to me by blood, marriage or adoption;
- (e) Is not a patient or resident in a facility that I or my relative owns or operates;
- (f) Is not my patient and does not receive mental health services from me or my relative; and
- (g) Has not appointed me as a representative in this document.

Witnessed by:

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(Signature of Witness/Date)

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(Printed Name of Witness)

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(Signature of Witness/Date)

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(Printed Name of Witness)

**ACCEPTANCE OF APPOINTMENT AS REPRESENTATIVE**

I accept this appointment and agree to serve as representative to make mental health treatment decisions. I understand that I must act consistently with the desires of the person I represent, as expressed in this declaration or, if not expressed, as otherwise known by me. If I do not know the desires of the person I represent, I have a duty to act in what I believe in good faith to be that person's best interest. I understand that this document gives me authority to make decisions about mental health treatment only while that person has been determined to be incapable of making those decisions by a court or two physicians. I understand that the person who appointed me may revoke this declaration in whole or in part by communicating the revocation to the attending physician or other provider when the person is not incapable.

\_\_\_\_\_  
(Signature of Representative/Date)

\_\_\_\_\_  
(Printed Name of Witness)

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(Signature of Alternate Representative/Date)

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(Printed Name of Witness)