

PSYCHIATRIC ADVANCE DIRECTIVE

TO MY FAMILY, MY PHYSICIAN, MY LAWYER  
AND ALL OTHERS WHOM IT MAY CONCERN

Declaration made this \_\_\_\_ day of, \_\_\_\_\_ 20 \_\_\_\_.

I, being of sound mind, willfully and voluntarily make known my desires for mental health treatment(s) to be followed should it be determined by two physicians, one of whom is my attending physician, that my ability to receive and evaluate information effectively or communicate decision is impaired to such an extent that I lack the capacity to refuse or consent to mental health treatment. I understand that any treatment(s) would be toward the goal of psychiatric restabilization as a way of restoring my capacity and optimal mental health functioning. I further understand that psychiatric restabilization may include administration of prescribed liquid medication by mouth or injection, administration of prescribed medication orally, physical restrain, seclusion or crisis psychiatric counseling and that in the statements below I may give or refuse consent to any of these or other treatment options to which I stipulate.

DIRECTIVE DURATION AND REVOCATION UNDERSTANDINGS

I understand this declaration expires two years after it becomes effective, unless extended by me in writing.

I understand that I may revoke this declaration at any time unless I have been declared to lack capacity to give or withhold treatment by two physicians, one of whom is my attending physician.

UNDERSTANDING ABOUT WHEN OR WHY THIS DIRECTIVE MAY BE PUT INTO EFFECT

I understand that I may become incapable of giving or withholding informed consent for mental health treatment due to symptoms of a diagnosed mental disorder. The symptoms may include the following:

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MY DECLARATIONS ABOUT MEDICATIONS for PSYCHIATRIC TREATMENT

If I become incapable of giving or withholding informed consent for mental health treatment, my wishes regarding medications are as follows:

\_\_\_\_\_ I consent to the administration of medications.

\_\_\_\_\_ I consent to the administration of the following medications:

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\_\_\_\_\_ I do not give consent to the administration of medications.

\_\_\_\_\_ I do not give consent to the administration of the following medications:

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Conditions or limitations:

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MY DECLARATIONS ABOUT PHYSICAL RESTRAINTS, SECLUSION, AND CRISIS INTERVENTIONS

Should I become incapable of giving or withholding informed consent for mental health treatment due to the symptoms of a diagnosed mental disorder and my behaviors become dangerous to myself or others, or should I become incapable of providing for my basic need. In this case I would give consent for the following safety measures or treatment(s):

\_\_\_\_\_ Physical Restraint    \_\_\_\_\_ Seclusion    \_\_\_\_\_ Crisis Psychiatric Counseling

Other Interventions I prefer/conditions/limitations/concerns:

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I would NOT give consent for:

\_\_\_\_\_ Physical Restraint    \_\_\_\_\_ Seclusion    \_\_\_\_\_ Crisis Psychiatric Counseling

Why or why not or concerns:

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*NAME OF TREATMENT PROVIDERS WITH WHOM I AM NOW INVOLVED*

Name of Provider/Institution	Telephone Number of Provider/Institution

Name, Address, and Telephone Number of Attending Physician/Psychiatrist

*TREATMENT FACILITY PREFERENCES*

I prefer the following facilities to be used for emergency or stabilization purposes:

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NOTIFICATION PREFERENCES

I would like the following persons notified if it is deemed necessary to put this directive into effect:

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I specifically request the following persons/entities not be notified:

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VISITOR PREFERENCES

I prefer to have the following persons be allowed to visit me during a time of re-stabilization:

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I specifically request the following persons NOT be allowed to visit me during a time of re-stabilization:

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CHILD CARE PREFERENCES

I request the following persons be considered in arranging child care necessary during times of re-stabilization:

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I specifically request the following persons NOT be used for child care for my children:

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*PROPERTY AND/OR PET CARE PREFERENCES*

I request the following persons be considered in arranging for the care of my property or pets during times of re-stabilization:

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I specifically request the following persons not be considered in arranging for the care of my property or pets:

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*OTHER DECLARATIONS OR PREFERENCES FOR MY RE-STABILIZATION:*

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Please complete the following information to assist your physician and other psychiatric personnel to rapidly identify you as the declarant of this Psychiatric Advance Directive:

Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_

Eye Color \_\_\_\_\_ Hair Color \_\_\_\_\_

Racial or Ethnic Background \_\_\_\_\_

Social Security Number \_\_\_\_\_

Copies of this document are in the following places (ie., family members, doctors office, hospitals, mental health centers.....)

\_\_\_\_\_  
\_\_\_\_\_

*MENTAL HEALTH PROFESSIONAL STATEMENT REGARDING CAPACITY*

It is my professional opinion at this time that this person has the capacity to make this directive:

\_\_\_\_\_ Yes \_\_\_\_\_ No

\_\_\_\_\_  
Signature of Psychiatrist/Mental Health Professional Date

*APPOINTMENT OF AN AGENT FOR MENTAL HEALTH CARE AND TREATMENT*

\_\_\_\_\_ (check and initial) I do not want an agent acting on my behalf

Should I become incapable of giving or withholding informed consent for mental health treatment due to the symptoms of a diagnosed mental disorder I hereby appoint:

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone Number(s) \_\_\_\_\_

to act as my agent in making decision regarding my mental health treatment. I understand that this person will gain this appointment only if I am declared to lack capacity by two physicians, one of who will be my immediate physician.

My agent is authorized to make decision that are consistent with the wishes I have expressed in this declaration, or, if not expressed, as are otherwise known to my agent. If my wishes are not expressed and are not otherwise known by my agent, that person is to act in what he or she believes to be in my best interest.

ACCEPTANCE OF APPOINTMENT AS AGENT

I accept this appointment and agree to serve as the agent to make decisions about mental health treatment for, \_\_\_\_\_ . I understand I have a duty to act consistent with the desires of this individual as expressed in this appointment. I understand this document gives me the authority to make decisions about mental health treatment only while this person is incapable as determined by a court or two physicians. I understand that he/she may revoke this declaration in whole or in part at any time and in any manner when he or she has capacity to make decisions.

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Date

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, County, and State of Residence

SIGNATURE PAGE

By signing here I indicate that I understand the purpose and effect of this document.

\_\_\_\_\_  
Your signature

\_\_\_\_\_  
Date

The directive above was signed and declared by the "Declarant,"

(your name) \_\_\_\_\_ to be his/her mental health care advance directive, in our presence who, at his/her request, have signed our names below as witnesses. We declare that, at the time of the execution of this instrument, the Declarant, according to our best knowledge and belief, was of sound mind and under no constraint or undue influence. We further declare that none of us is: 1) a physician; 2) the Declarant's physician or an employee of the Declarant's physician; 3) an employee or a patient of any residential health care facility in which the Declarant is a patient; 4) designated as agent or alternate under this document; or 5) a beneficiary or creditor of the estate of the Declarant.

Dated at \_\_\_\_\_ (county, state),

this \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_\_.  
(day) (month) (year)

WITNESS SIGNATURES:

Witness Number One (print) \_\_\_\_\_

Signature of Witness No. 1 \_\_\_\_\_

Home Address of Witness No. 1 \_\_\_\_\_

\_\_\_\_\_  
City State ZIP

Witness Number Two (print) \_\_\_\_\_

Signature of Witness No. 2 \_\_\_\_\_

Home Address of Witness No. 2 \_\_\_\_\_

\_\_\_\_\_  
City State ZIP